

Academic Options for the Physician in Training

Mark Walport 15 April 2009



Clinical academic research

Drivers for Change





A widening gap?

Drug discovery revolutionized but....

- dislocation of basic science and medical need
- dislocation of academia from industry
- basic scientists have few incentives to undertake translational research:
 - complex regulatory and patent issues
 - perceived risk to careers
 - lack of team incentives
 - lack of resources and relevant infrastructure
- clinical pharmacology has disappeared from the core curriculum

US FDA approvals...



Figure 1 | **FDA drug approvals**. New molecular entities and biologic license applications approved by the US FDA's Center for Drug Evaluation and Research by year.

nature REVIEWS **DRUG DISCOVERY**

The training of clinician scientists...









A new environment...

Collaboration & organisation

- UK Clinical Research Collaboration
- Office for Strategic Co-ordination of Health Research
- NIHR
- a ring-fenced fund for R&D
- Tooke Report
- Darzi Next Stage Review

Infrastructure

- Clinical Research Facilities
- Clinical Research Networks
- biomedical research centres
- flexible academic career pathways

Science

- genetics
- medical imaging physiology
- Medical engineering
- genomic and proteomic analysis
- e-health and informatics





New pathways...

- a pilot two-year integrated academic Foundation Programme targeted in part at MB-PhD students
- Academic Clinical Fellowships:
 - up to 250 per annum
- In-Practice Academic Fellowships:
 - up to 10 per annum
- 'Interim' Clinical Lectureships:
 - up to 100 per annum
- "New blood" Senior Clinical Lectureships:
 - up to 200 posts over ten years

RESEARCH CAREER FUNDING

For basic science and clinical researchers based in the UK or the Republic of Ireland

Principal Research Fellowships



Intermediate Clinical Fellowships*

CLINICAL

Senior Research Fellowships in Clinical Science

Principal Research Fellowships



PhD programmes

- supporting the most promising medically qualified clinicians to undertake rigorous research training
- traditional models of stand alone fellowships to structured programmes



Programmes provide:

- structured and mentored training environment
- provide individual trainees opportunities to sample high-quality research environments
- develop a research proposal that is tailored to their individual interests
- flexibility to undertake basic, clinical or translational science research training
- international opportunities

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New programme: £11 m

Interdisciplinary Training Programmes for Clinicians in Translational Medicine & Therapeutics

- establishment of high-quality integrated research training programmes for clinicians
- to produce a cadre of clinicians with the expertise to design and conduct studies that aim to develop and evaluate novel therapies in humans
- partnerships: from a single academic institution and industrial partner to more complex consortia
- awards made to:
 - Scottish Translational Medicine & Therapeutics Initiative (University of Edinburgh, Aberdeen, Dundee & Glasgow/Wyeth Research)
 - Translational Medicines & Therapeutics (University of Cambridge/GSK)
 - Clinical Pharmacology & Translational Medicine (University of Newcastle/Roche, AZ, Sanofi-Aventis, Sitris Pharmaceuticals, PTC Therapeutics)
 - Experimental Medicine for New Therapeutics Development (Imperial College/GSK)



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New programme:

Postdoctoral Training Fellowships for MB/PhD Graduates

- unique opportunity for most promising newly qualified MB/PhD graduates to make an early start in developing independent research careers
- enable successful candidates to undertake a period of postdoctoral training in the best laboratories in the UK and overseas
- tailored to allow candidates to continue their postgraduate clinical training





New programme: Starter Grants for Clinical Lecturers

- new £5m grants scheme designed to provide support to research active Clinical Lcturers
- Starter Grants aims to provide modest 'start up' funds to enable research active Clinical Lecturers to:
 - pursue their research work
 - gather preliminary data
 - strengthen their applications for longer-term fellowships and funding







Clinical research facilities

- a network of UK centres for experimental medicine
- aimed at speeding up the translation of scientific advances into real benefits for patients
- provide significant opportunities for scientists to work closely with clinical researchers, enabling the development of new therapies and treatments



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Major New Facilities: UKCMRI

A National centre for major collaborative, interdisciplinary and translational medical research between the UK's principal medical research organisations

Enabling the partners to:

- take a long-term approach to important research and innovation problems
- promote interdisciplinary and translational research
- provide cost-effective access to world-class infrastructure, resources, services and specialist facilities
- exploit intellectual property more effectively
- enable the UK to secure access to or retain world-class scientists
- provide a high-quality environment in which to recruit, train and develop future scientists
- develop close links between the Institute and the outstanding research intensive hospitals nearby
- exploit the close proximity of the British Library





Mentorship and environment

- choosing the right research environment is crucial
- trainees should:
 - find one or two mentors
 - visit the laboratory
 - + talk to current and past graduates
- the environment should:
 - encourage academic questioning
 - provide critical mass
 - provides the best opportunities for continued training
 - provide the best supervision and support for writing grant applications



Translational medicine

Key to an innovative healthcare and pharmaceutical industry we must:

- develop bench to bedside bedside to bench approaches
- optimize academia & industry links
- develop innovative public private partnerships
- reinvigorate undergraduate medical curriculum
- provide flexible training routes
- streamline approval processes





"We don't have to look for model organisms anymore because we are the model organism"

Sydney Brenner AACR April 2008

Photograph: Molecular Sciences Institute in Berkeley, California

